

# Who Suffers from Health Disparities?

Health disparities are not just racial or ethnic. Health disparities impact groups based on:

|                     |                                                                          |
|---------------------|--------------------------------------------------------------------------|
| Race                | Ethnic Group                                                             |
| Religion            | Sex                                                                      |
| Gender identity     | Sexual Orientation                                                       |
| Mental health       | Age                                                                      |
| Disability          | Socioeconomic status                                                     |
| Geographic location | Other characteristics historically linked to discrimination or exclusion |

In 2008:

- ~33% of people identified themselves as belonging to a racial or ethnic minority population.
- 51% were women.
- ~12% of people not living in nursing homes or other residential care facilities had a disability
- An estimated 23% of the population lived in rural areas, while roughly 77% of people lived in urban areas

The population is growing more diverse and it is estimated that by 2050, over half of the population will be people of color.

It is important to have services in place that are Culturally and Linguistically appropriate for the population and communities we are working in in order to eliminate health disparities, impacting society as a whole.