

Gestational Diabetes Health Disparities in Michigan

17.6% of Hispanic mothers had gestational diabetes

9.4% of Black mothers had gestational diabetes

7.9% of White mothers had gestational diabetes

Women who have gestational diabetes have a 35%-60% chance of developing diabetes in the next 10-20 years.

There is also an increased lifelong risk for the child to develop Type 2 Diabetes.

Because minority women are at a heightened risk of developing gestational diabetes, or GDM, it is important to have **Culturally** and **Linguistically Appropriate Services** in place to help reduce these disparities in the future.

For more information on Culturally and Linguistically Appropriate Services, go to <http://www.thinkculturalhealth.hhs.gov>