



The Patient Services team empowers people with kidney disease through Kidney PATH, a Peer Mentor Program, and a set of Core Services. Key indicators for these services are highlighted.

KIDNEY PATH

The Personal Action Toward Health (PATH) program was developed and tested by Stanford University to provide skills and tools to help people with long-term health conditions live a healthier life. It is a fun, interactive, 6-week workshop led by certified leaders. For Kidney PATH, the NKFM added two bonus sessions on chronic kidney disease, making it an 8-week workshop.

From July 2017—June 2018, **8 Kidney PATH workshops** were held at:

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| DaVita Ballenger Pointe, Flint | East Lansing Fire Station |
| Southfield Public Library | MidMichigan Health, Midland |
| Northville Health Center | Ellen Thompson Women’s Health Center, Ypsilanti |
| Harper University Hospital, Detroit | Greenfield Health Systems, Bingham Farms |

A total of **67 adults with kidney disease or caregivers** completed Kidney PATH.

COMMUNITY HEALTH WORKERS

The NKFM uses Community Health Workers (CHWs) who are trusted members of the community served to deliver 6 programs. CHWs go by a number of names:

Peer Mentors empower fellow individuals with chronic kidney disease. From July 2017 —June 2018, **16 Peer Mentors** reported **394** total contacts and spent **208** hours talking with patients doing prevention work. **13 Peer Mentors** completed training at: [Beaumont Hospital](#), [Royal Oak](#).

Kidney PATH Leaders are trained to deliver a chronic disease self-management program for people with kidney disease. **9 Kidney PATH Leaders** led classes in FY 2018.

Donation Advocates have a personal connection to organ donation. They shared their story and provided information on organ and tissue donation at community presentations through the *Leave a Legacy of Life* research study, which completed in December. During FY 2018:

- **9 Donation Advocates**
- **15 organ donation presentations**



CORE SERVICES

Our core services include Kids Camp, an 800 Number for Resources and Support, an Emergency Fund, a CKD Intern Program, Swartz/Ferriter Scholarship, and low-cost Medical I.D. Tags.

Kids Camp

24 kids on dialysis or with a transplant attended Kids Camp in July 2017.

CKD Internship

8 interns completed a total of 1,229 internship hours at 3 NKFM offices.

Medical I.D. Tags

77 people received low-cost medical identification tags.

Scholarship

8 individuals with ESRD or a transplant were awarded a scholarship for the school year. 1 also received the \$1,000 Mary Brennan Award.

Emergency Fund

201 people with kidney disease received financial assistance.



Health Screenings

243 people were screened for risk factors for kidney disease at 5 health fairs. 24 had abnormalities that were found in the urine screening.

PATIENT INQUIRIES

People with kidney disease and their family members often contact the NKFM. Patient Services team members answered **379** inquiries and made **110** referrals to NKFM programs.

