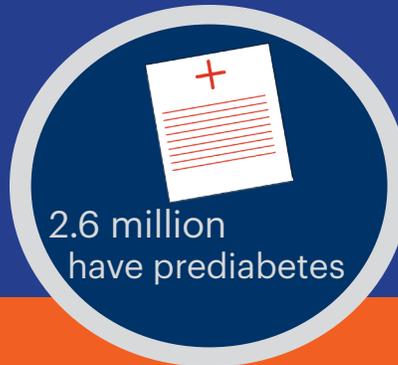


# 2015 -2016 Michigan Guide for Stakeholders



National Kidney Foundation®  
of Michigan

## The Challenge



Over 2 million  
**diabetes**  
projected cases in 2030  
at current pace

Take action, support solutions



Healthy Habits



Disease  
Management



Improved Quality  
of Life



National Kidney Foundation®  
of Michigan

1169 Oak Valley Dr  
Ann Arbor, MI 48108  
734-222-9800  
www.nkfm.org



Only 2% of charities receive 4 stars from Charity Navigator 8 years in a row.

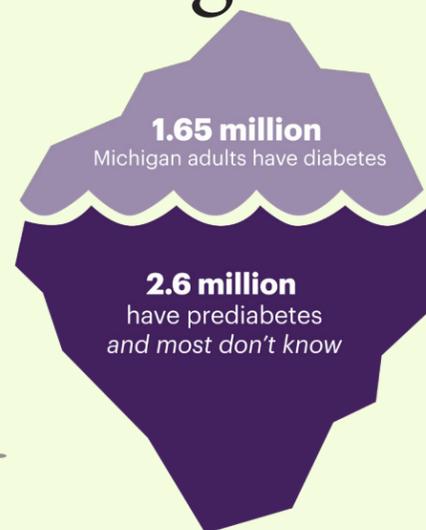
# Preventing Diabetes and Kidney Disease Saves Money, Saves Lives

## The Cost of Diabetes to Michigan

**\$7.2 billion** Diagnosed type 2 diabetes

**\$1.1 billion** Prediabetes

**\$1 billion** Undiagnosed type 2 diabetes



## The NKFM is leading the charge against diabetes and kidney disease



“Diabetes is one of the most serious health challenges in America today.

**My Choice...My Health: Diabetes Prevention Program** is a powerful answer because it provides participants with the tools to take greater control over their health and work toward staying diabetes-free.”

-James K. Haveman, former Director of Michigan Department of Community Health



My Choice...My Health: Diabetes Prevention Program at the NKFM served 734 adults with prediabetes:

**110** Prevented 110 **new cases** of type 2 diabetes



**11,189** Prevented 11,189 **missed work days**



**80** Avoided the need for **BP/Cholesterol pills** in 80 people



**5.8** Reduced participants' **body weight** by 5.8%

**\$256,729**

**\$256,729** Net Savings in **healthcare costs\***



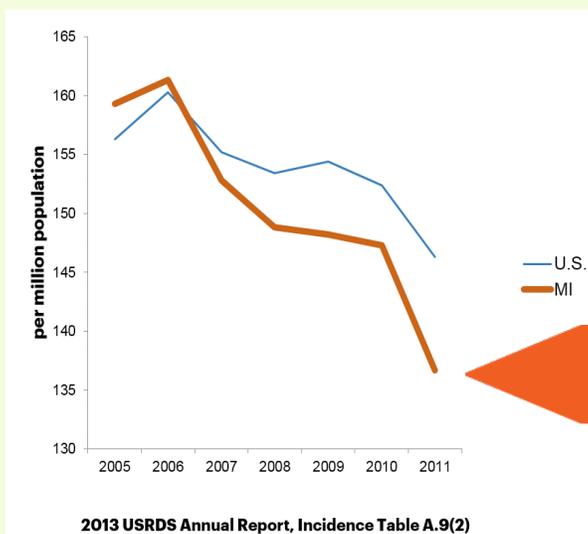
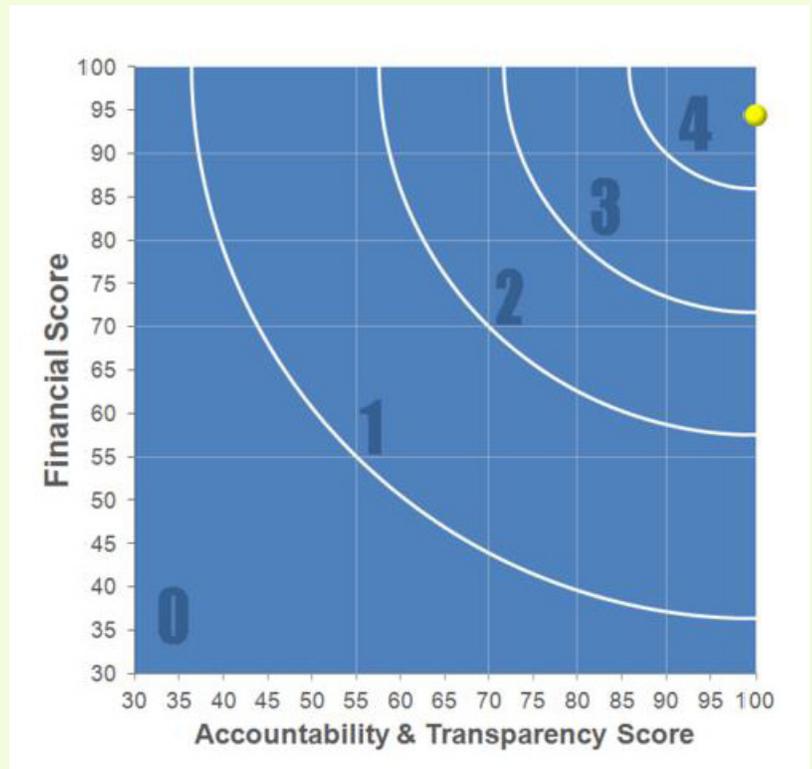
\*American Medical Association: DPP cost savings calculator. All other references available upon request.

# National Kidney Foundation of Michigan Rated One of America's Top Nonprofits

For the 8th consecutive year, the National Kidney Foundation of Michigan (NKFM) has been recognized for its sound fiscal management and performance by receiving the coveted 4-star rating from Charity Navigator.

- Charity Navigator is the leading charity evaluator in America and only gives the 4 out of 4-star ratings to 25% of the charities it evaluates.
- Only 2% of these charities have received the prestigious 4-star rating for eight consecutive years.
- At a 96.06 rating, the NKFM is in the upper 2% of all nonprofits in America.

**This exceptional ranking demonstrates that the NKFM outperforms the majority of other nonprofit agencies in America in fiscal responsibility and performance.**



**The NKFM has been leading the charge to prevent kidney failure from diabetes in Michigan through our evidence-based programs.**



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